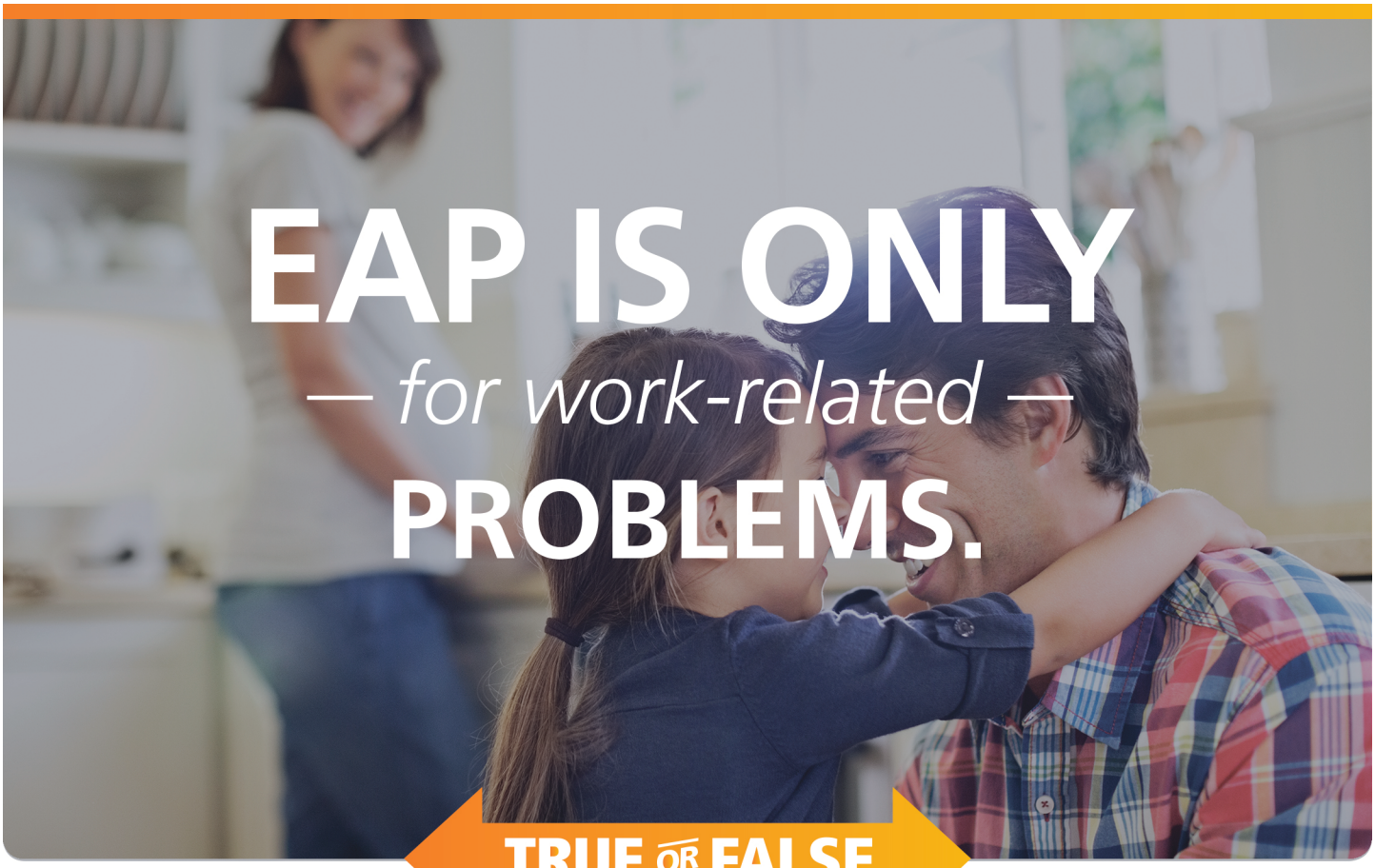
SCCSIG



TRUE OR FALSE

FALSE.

EAP offers you and your loved ones support,
information and referrals for many of your personal needs.

Find out what this benefit can do for you. We can help you and your family members with day-to-day challenges, major life changes, and anything in between.

Call us to access a wide range of assistance:

- Depression, anxiety and stress
- Financial and legal services
- Conflict and communication
- Childcare resources
- Help with relationships
- Parenting and family issues

When you call, we'll listen to your needs and connect you to the appropriate resources.

>>>

As part of your benefits, some services are available at no extra cost. This includes referrals, seeing a network clinician and initial consultations with mediators or financial and legal experts.

24-hour online access is also available at liveandworkwell.com.

You and your family can go online any time to:

- Check benefit information
- Submit online service requests
- Search the online clinician directory
- Use our virtual help centers to find information and resources for hundreds of everyday work and life issues
- Participate in interactive, customizable self-improvement programs

Access to liveandworkwell.com is always free. For more information, please refer to your employer-provided benefit information.

All records are kept confidential in accordance with federal and state laws.

Real people. Real life. Real solutions.

Your Employee Assistance Program

866.374.6061

Or log on to liveandworkwell.com

Access code: sccsig

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change.

© 2017 Optum, Inc. All rights reserved. PRJ2272 65749-052017