



Welcome to Your New 2021 SCCSIG Wellness Program

2021 Wellness Program: January 4, 2021 through November 30, 2021

Start Your Wellness Journey

The Santa Clara County School's Insurance Group (SIG) Employee Wellness Program is an incentive-based wellness program that rewards employees for maintaining a healthy lifestyle. All medically enrolled SCCSIG employees are invited to participate. For every 50 wellness points you complete, you will earn a \$50 Amazon eGift Card, up to a maximum of \$400. The Amazon eGift Cards will be sent out on a monthly basis during the first week of the following month after the incentive was earned. There will also be a quarterly drawing opportunity to earn 1 of 5 \$200 gift cards! To qualify for the drawing, participants must have completed 50 wellness points during the quarter.

How to Earn Your Incentive

Activities	Points Per Activity	Max
Biometric Screening	75	75
Health Assessment	50	50
Online Wellness Courses (2)	25	50
Physical Activity – 7,500 Steps/Day (Tracked Through an Activity Device Only)	1	75
Preventative Care Exam (e.g., Medical, Dental, Vision) (3)	25	75
Daily Mini Challenges (50)	1	50
Wellness Challenge Completion (3)	50	150

The following exams will qualify for the Preventive Care Exam credits:

- Annual Physical Exam
- Preventive Screening (e.g., Mammogram, PAP smear, colonoscopy, prostate exam, etc.)
- Vision Exam
- Flu shot/immunizations
- Dental Exam

Start reporting points toward your incentive on **January 4, 2021** by logging in to assethealth.com/sccsig.

Login Information

Username: First initial + full last name (e.g., jsmith)

Password: Date of Birth (mmddyyyy)

Questions? Contact us at support@assethealth.com or 855-444-1255.

